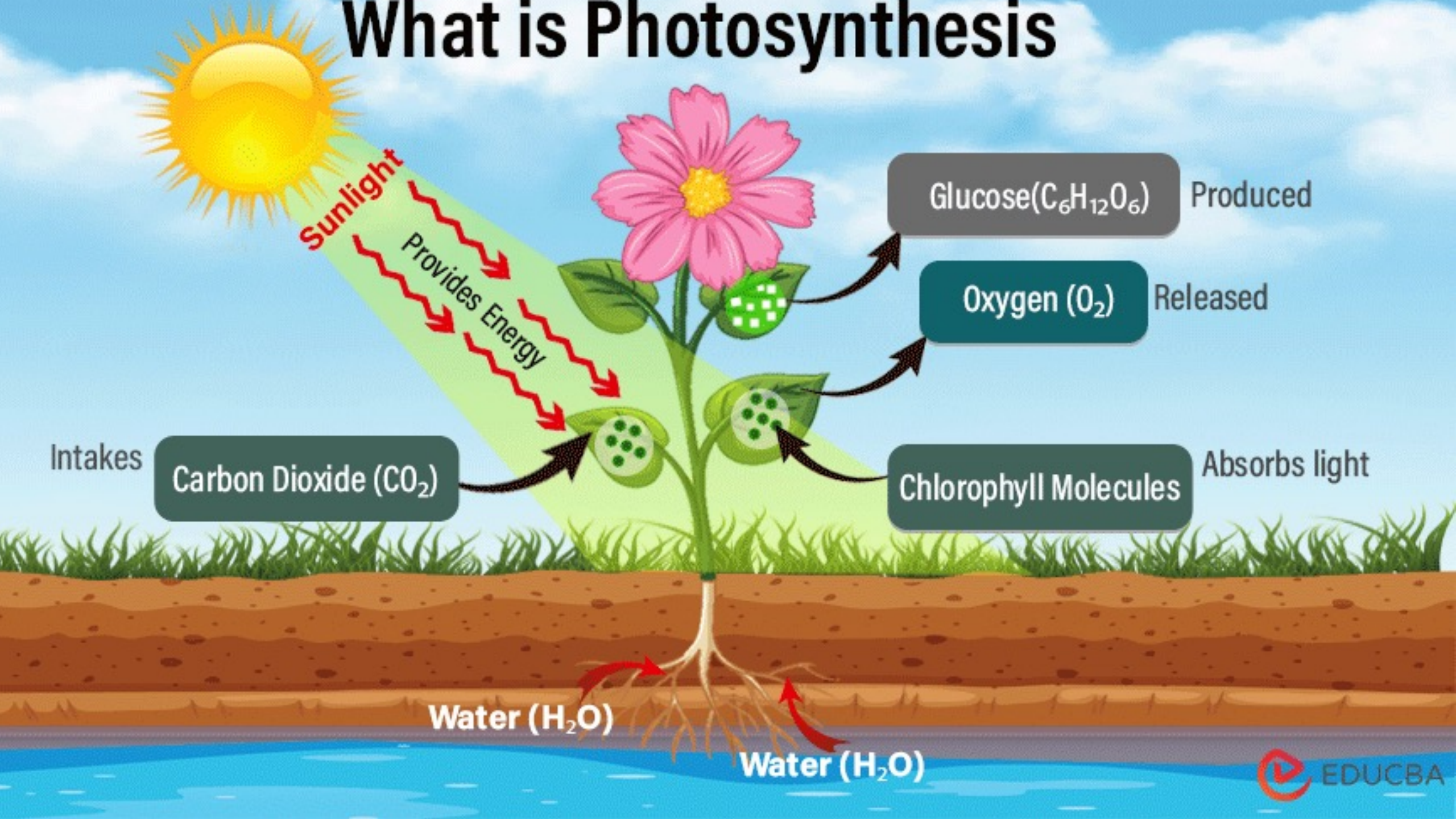




The **Cellular** **Breakthrough**

That Changed How I View **Chronic Illness**

What is Photosynthesis





Infrared Sauna Blanket-Sauna Blanket for Home Use, Portable Design for Relaxation and Detoxification Highest 176°F, 20-60 Minutes Timer, 6 ft x 2.65 ft (Black)

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-7% **\$139⁹⁹**

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Color: **black**



\$119.99
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Suitable temperature

Your comfort, Your Time



168°F-188°F

118°F-128°F

98°F-118°F

88°F-98°F



For Fat Loss & Detox Boost

For Pain & Inflammation Relief

For Muscle Soothing & Tension Relief

For Overall Well-being

PARAMETER

Extra-Large, Yet Easily Foldable and Portable



Thick Material
Anti-scald Design

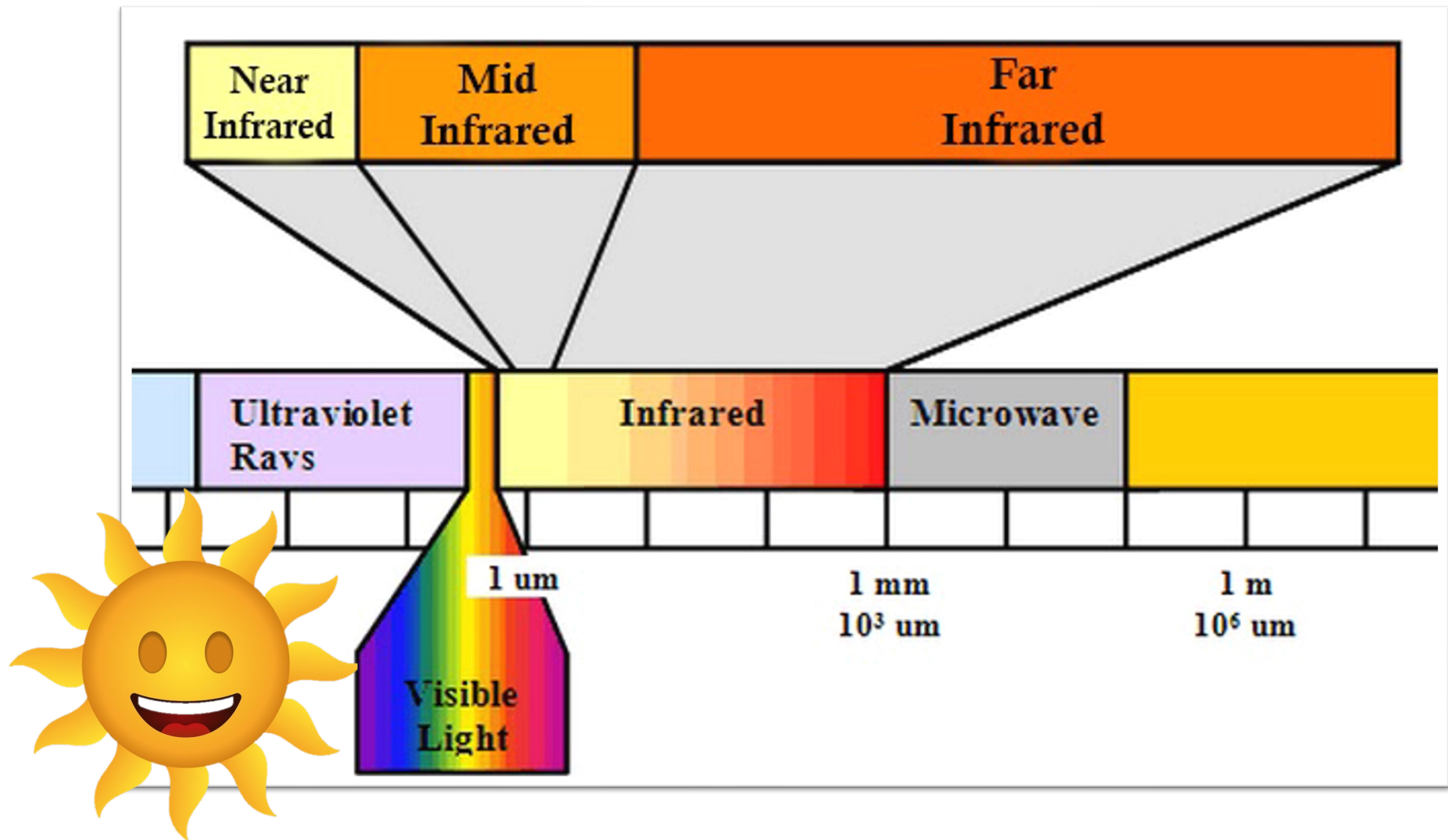


Waterproof
Oxford Cloth

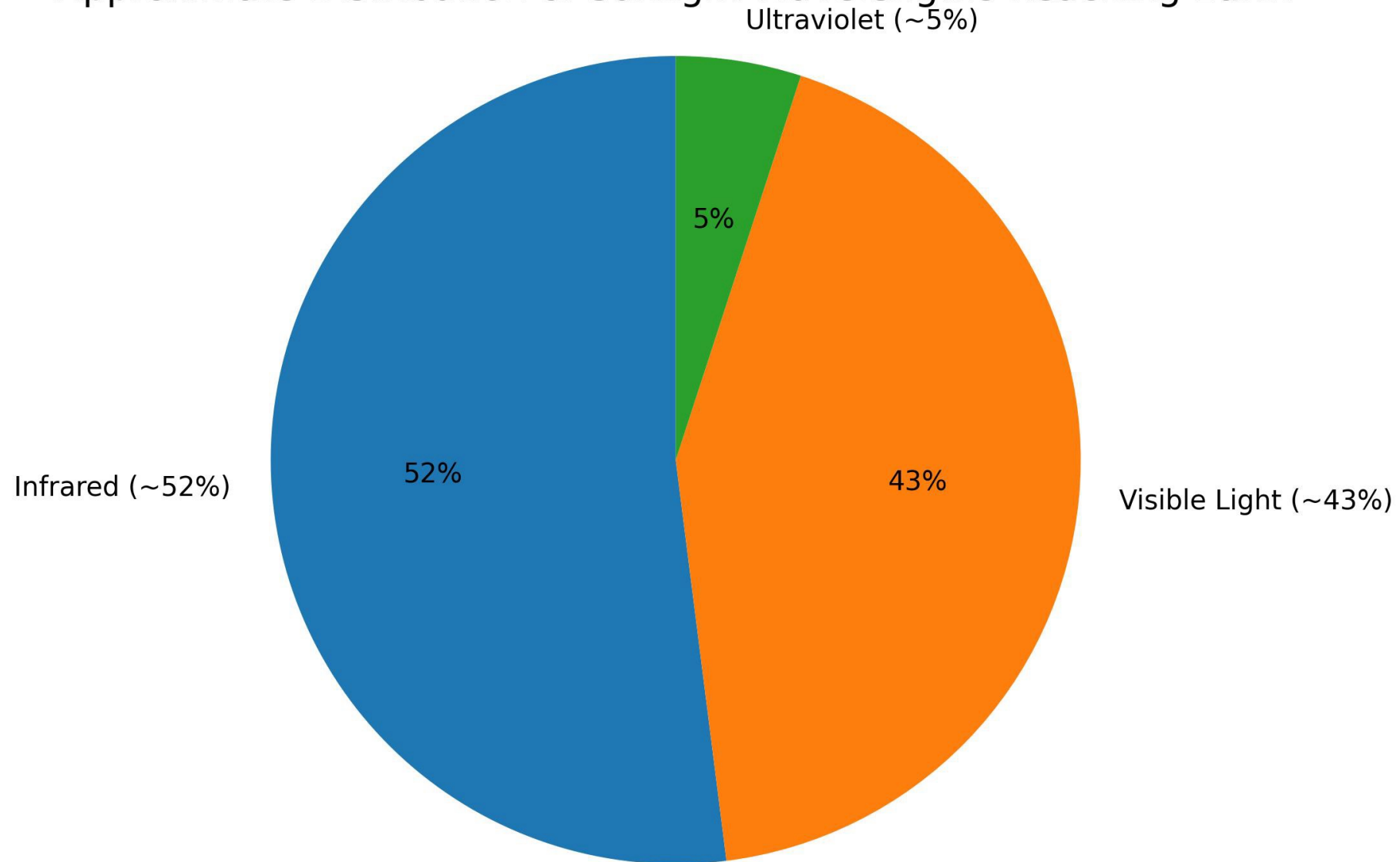


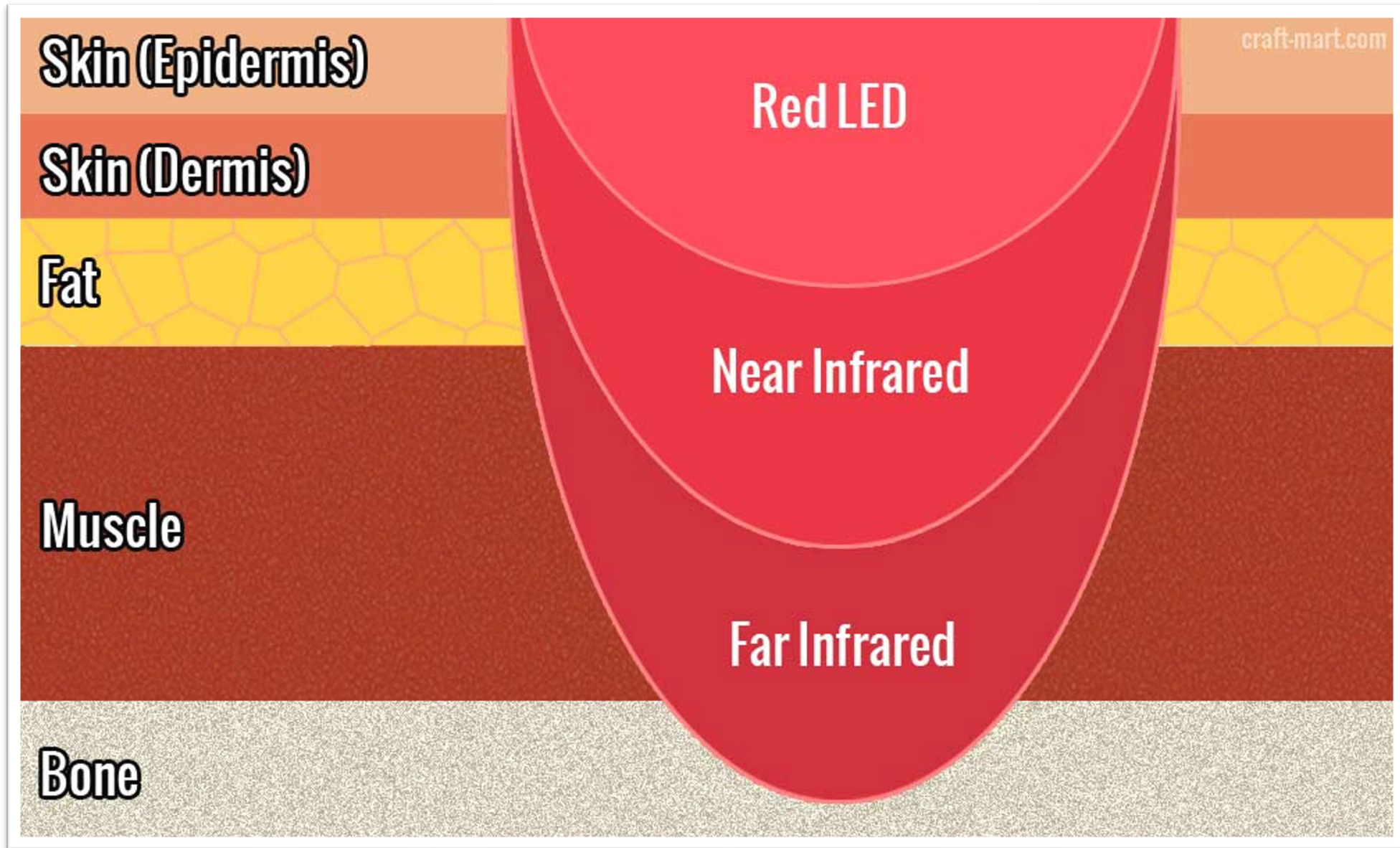
Even Heating Overheat
Protection



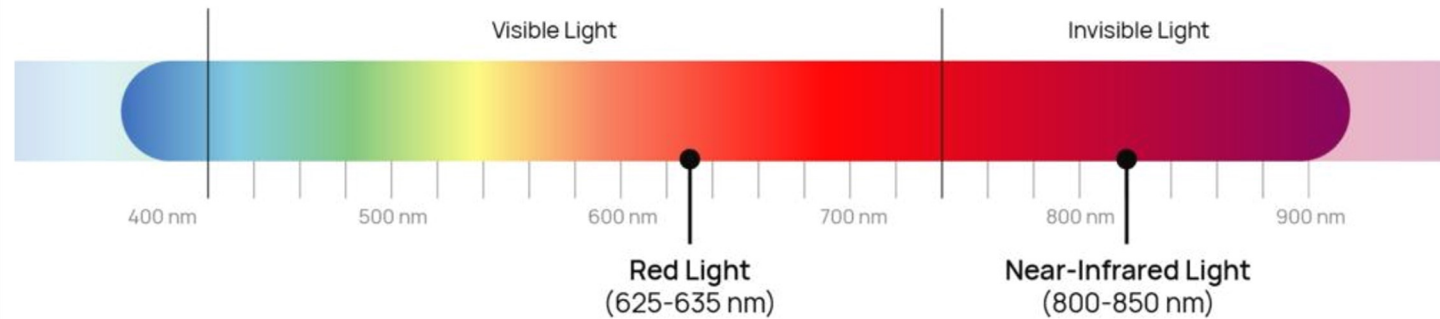


Approximate Distribution of Sunlight Wavelengths Reaching Earth

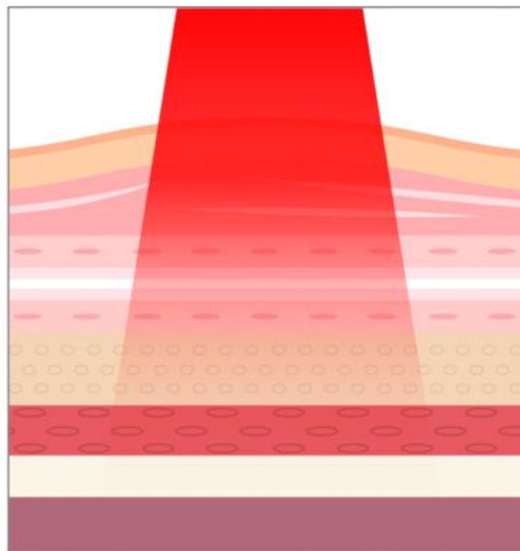




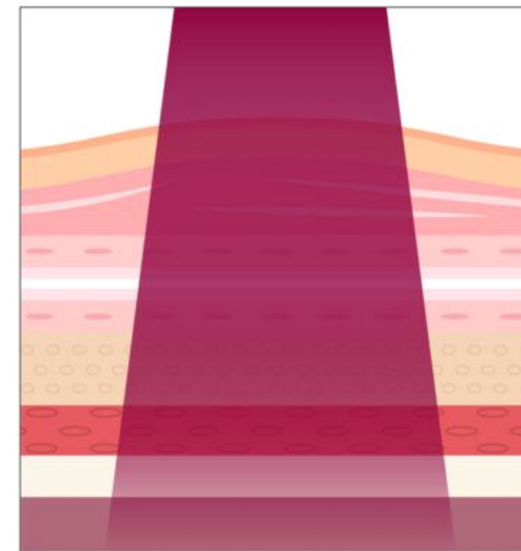
<https://purformhealth.com/blog/infrared-sauna-red-light-therapy-healing-benefits-2/>



Red Light
Visible Light • Light/Medium Penetration




Near-Infrared Light
Invisible Light • Deep Penetration





1. Mitochondrial Enhancement (ATP Production)

Infrared light, particularly in the **near-infrared (NIR)** spectrum, directly interacts with the "engines" of your cells. 

- **Cytochrome C Oxidase (CCO) Activation:** This specific enzyme inside mitochondria acts as a photoreceptor for infrared light. When CCO absorbs infrared photons, it increases the efficiency of the **electron transport chain**, leading to a boost in **ATP (adenosine triphosphate)**—the primary energy currency of your cells.
- **Mitochondrial Biogenesis:** Far-infrared (FIR) exposure has been shown to trigger the creation of new mitochondria (biogenesis), increasing your body's overall capacity to produce energy and manage fatigue.
- **Reduced Oxidative Stress:** By optimizing the energy production process, infrared light can reduce the production of harmful reactive oxygen species (ROS), which are linked to cellular aging and chronic disease. 

2. Exclusion Zone (EZ) / "Structured" Water

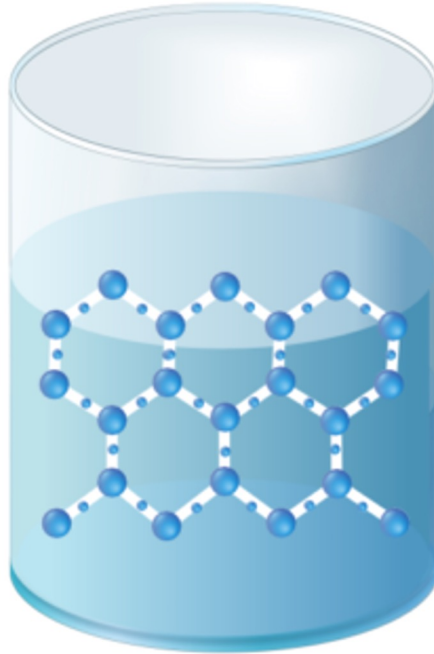
Water inside your cells is not just a liquid; it can take on a fourth phase known as **Exclusion Zone (EZ) water**. 

- **Charge Separation and Energy Storage:** Infrared light is a primary driver for expanding the size of the EZ water layer next to cellular membranes. This structured water acts like a biological battery, storing energy in the form of a **negative charge** and promoting better cellular hydration.
- **Decreased Viscosity:** EZ water is more viscous and orderly than "bulk" water. Infrared heat reduces the viscosity of interfacial water layers that can sometimes slow down mitochondrial function, essentially "lubricating" the machinery of the cell so it can run faster. 

State of matter



SOLID



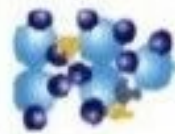
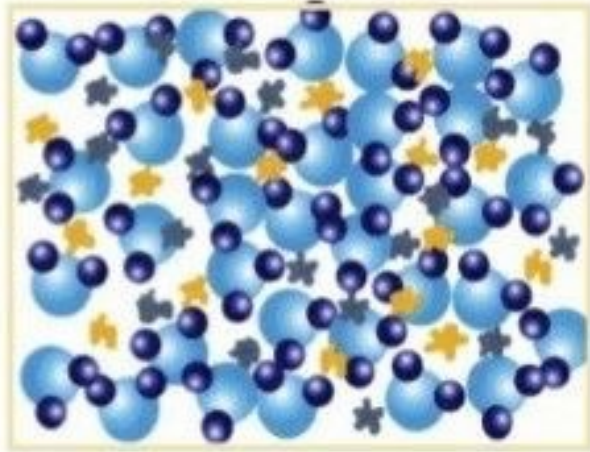
LIQUID



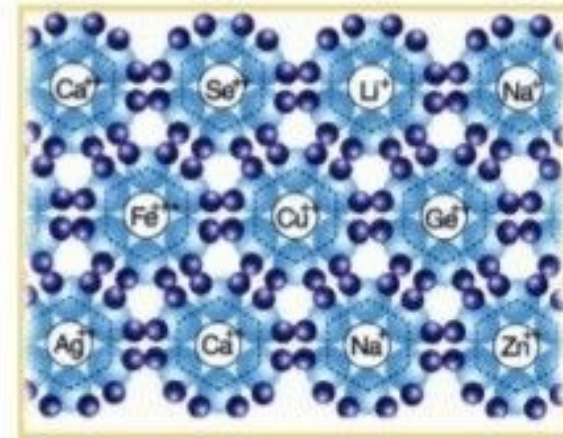
GAS



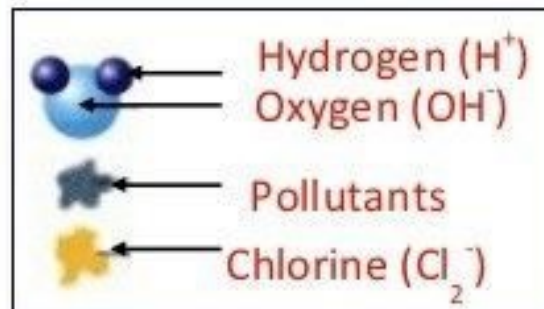
Structured water Vs. Unstructured water



Unstructured water




Structured water



How does far infrared Change water so it becomes ez water



★ AI Overview

Far infrared (FIR) light energizes water, causing its molecules to vibrate and align into structured, hexagonal sheets called Exclusion Zone (EZ) water, which is negatively charged, more viscous, and stores energy, allowing it to act like a battery and support cellular functions, unlike bulk water. FIR energy from sources like infrared saunas or sunlight increases the amount and depth of this EZ water near hydrophilic surfaces (like cell membranes) in the body, boosting hydration and energy. 

https://www.google.com/search?q=How+does+far+infrared+Change+water+so+it+becomes+ez+water&rlz=1C5CHFA_enUS1118US1118&oq=How+does+far+infrared+Change+water+so+it+becomes+ez+water&gs_lcrp=EgZjaHJvbWUyBggAEEUYOTIHCAEQIRigATIHCAIQIRigAdIBCjEzNTE3ajBqMTWoAgiwAgHxBX_krxwkt9Wp8QV_5K8cJLfVqQ&sourceid=chrome&ie=UTF-8

CHRONIC ILLNESS

ELECTRON DEFICIENCY





Why You're Not Healing

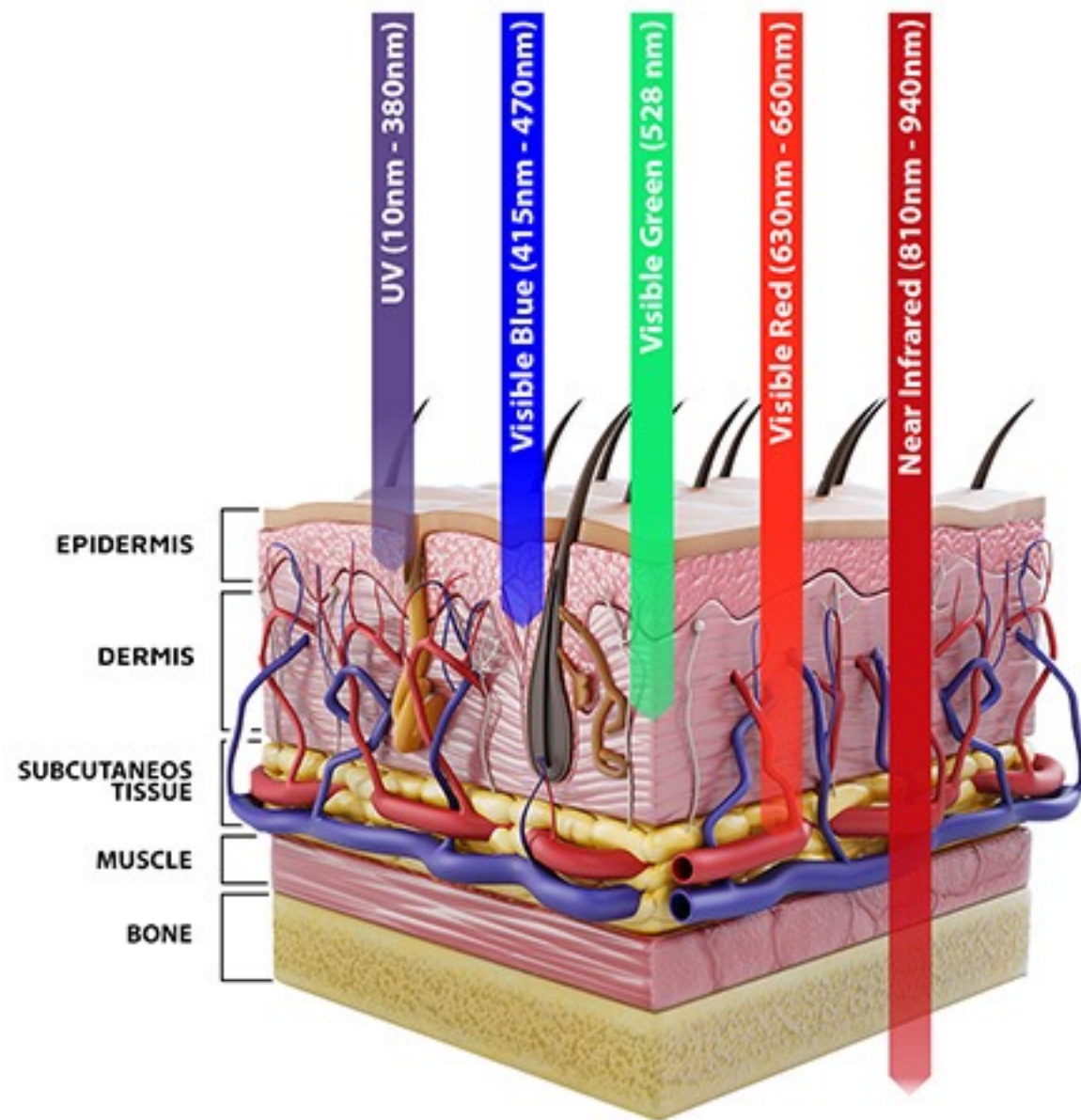



**The Hidden Cause Of Chronic Illness:
Electron Deficiency**

3. Molecular and Electron Vibration

Infrared radiation matches the natural frequency of many biological molecules, leading to resonance. 

- **Resonant Absorption:** When infrared waves match the **vibrational frequency** of cellular molecules (like water or certain proteins), the energy is absorbed more effectively, causing the molecules to vibrate with greater amplitude.
- **Therapeutic Heating:** Unlike traditional saunas that use hot air, this molecular vibration generates heat from the *inside out*, allowing for a deep-tissue warmth that can penetrate up to 1.5 inches below the skin without requiring extreme air temperatures.
- **Dissociation of Nitric Oxide:** Infrared light can cause **nitric oxide (NO)** to break away from CCO and enter the bloodstream. NO is a powerful vasodilator that relaxes blood vessels, significantly improving circulation and nutrient delivery to tissues. 



- **Near-Infrared (NIR) Range (810-890 nm):** These wavelengths penetrate deeper into tissues like muscles, joints, and even the brain, making them suitable for systemic effects and deeper tissue repair. Specific effective wavelengths include:
 - **810 nm:** This wavelength is noted for generating maximum ATP production and effectively stimulating healing in deeper tissues.
 - **830 nm:** Considered particularly effective in some studies, showing a strong increase in mitochondrial activity.
 - **850 nm:** A very common wavelength used in commercial devices due to its deep penetration capabilities and strong effect on mitochondrial function. 

Structured water exclusion

